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"We entertain, inform and educate"

Newsletter

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- "We must make healthy lifestyle choices," said Bongelo Gombele MD
- Get your financial house in order: *Make a Will*.

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- Edwin Allen defends title
- Grammy winner Toots & the Maytals
- Maxi Priest still making great music
- Skillibeng the hottest DJ...
- Remembering Bunny Wailer
- Remembering DJ Trinity

Meet Mr. Black host of the Global Square Show

“My interest in music started at a very young age in Jamaica from the church to the street,” said Mr. Black. “Ska, country music, reggae, soul and jazz were just part of life living in Kingston. The big sound system turns on and you could hear the music playing from a distance was the norm. Church was another embedded part of the fabric of the culture that help shape my view as a youth, the Rasta culture and way of life had an overt impact on me. I have seen the humility, exercise

and love help me on my way, to tap into my African culture to find out about the greatness of a people, where they have been and what they have done.” The Global Square Show informs and entertains with an understanding that reality and culture speak a language of construct when used properly from a high consciousness.

Good vibration on a Sunday afternoon.” The motto for my show is “*Any Given Sunday*”.



Diabetes - Dr. Bongelo Gombele

Dr. Bongelo Gombele, a medical doctor at Kingston Public Hospital (KPH) in Jamaica, discussed the issue of Diabetes. Dr. Gombele spoke of the causes, symptoms and the preventative measures that can be taken to control diabetes. He spoke of the importance of the pancreas and its production of **Insulin**. He also addressed the two types of diabetes (type I and II) and the role of glucose as a source of energy for our cells. Some of the long-term

complications of diabetes were also discussed and these included kidney, foot and eye damages.

“A healthy lifestyle is important, you have to eat healthy, stay active by doing more exercises and refrain from taking illegal drugs.” Dr. Gombele was the guest on the Sunday Conversation Show with the Professor on May 16, 2021. He recently launched his own YouTube Channel that addresses the issue of diabetes.

Make a will

Making and having a will is one of the most important documents you can have during your lifetime. While some people may dismiss having a will as having no benefits to them when they die, the execution of a will allow the smooth transition of property and other assets to your heir and beneficiary.

Having an executed will also ensures that your tangible and intangible assets go to person (s) whom you have selected. In the case of a male having several children with different mothers it is imperative that you have a will in place especially if you have a huge portfolio. Upon your death, your assets are distributed to your children and beneficiary based on the direction given in your will.

Often, we have seen the estates of famous musicians and artists entangled in costly litigation with brothers against sisters, children against business partners and with probate court deciding property distribution for you.

Would it have been better for the overall situation if you had made that decision rather than deferred it to the courts?

Remember if you have a will in place and you get married, your existing will be revoked, and you will need to make a new will.

Consultant an attorney or contact your government agency to learn more. <https://agd.gov.jm/how-do-i/make-a-will/>



Boys Champion (2008- Present)

2021: Jamaica College
2020: Cancelled
2019: Kingston College
2018: Calabar High
2017: Calabar High
2016: Calabar High
2015: Calabar High
2014: Calabar High
2013: Calabar High
2012: Calabar High
2011: Jamaica College
2010: Wolmer's Boys
2009: Kingston College
2008: Calabar High

Girls Champion (2008- Present)

2021: Edwin Allen High
2020: Cancelled
2019: Edwin Allen High
2018: Edwin Allen High
2017: Edwin Allen High
2016: Edwin Allen High
2015: Edwin Allen High
2014: Edwin Allen High
2013: Holmwood Technical
2012: Edwin Allen High
2011: Holmwood Technical
2010: Holmwood Technical
2009: Holmwood Technical
2008: Holmwood Technical

Jamaica College crowned champion

Jamaica College (JC) is the 2021 ISSA Grace Kennedy Boy's champion. The Neil Harrison-coached team captured the championship that was held at the National Stadium in Kingston, Jamaica from May 11-15, 2021. The victorious JC team scored 328.5 points to claim their 21st hold on the Mortimer Geddes Trophy. JC was led by Javier Brown, who won the class 1 400m hurdles in a record 49.86 seconds and the class 1 400m in a brisk 45.75 seconds. Thereby adding

18 valuable points to his team effort. JC class 2 athletes Kemarrio Bygrave (800m, 1500m) and Khandale Frue (800m, 1500m) both contributed 16 points each while Tyrone Lawson from class 3 contributed 15 points to the overall effort.

The Kingston College (KC) team quest for their 33rd title fell short as they scored 313 points for the runner-up spot with Calabar High (241.5), STETHS (181) and St. Jago High (129) rounding out the top five.

Edwin Allen defends Girl's title

Edwin Allen high school dominated the competition to capture the 2021 ISSA Grace Kennedy Girl's title, scoring 340 points. The Michael Dyke-coached team was winning its 8th title in the last nine years. Thereby solidifying themselves as a bona fide dynasty. Edwin Allen's depth was on full display as they were able to accumulate points in all areas. The team was led by overall female champion Ackelia Smith,

who amassed 22 points by taking the top spot in the triple jump and earning valuable points in the long jump (7 points) and the high jump (6 points). Tina Clayton won the class 2 100m (11.38) and 200m (23.45) despite having her twin sister Tia, false started in the 100m final.

St Jago high scored 309.5 points to finish 2nd while Hydel High (301.5), Holmwood Technical (160.5) and Vere Technical (128) rounding out the top five.

Maxi Priest Still Making Great Music

With over 12 studio albums to his credit spanning over 35 years, Max Alfred Elliot aka **Maxi Priest** continues to produce great music. His 2019 album *It All Comes Back to Love*, was nominated for Best Reggae Grammy Award. The 14-track album feature several collaborations with Shaggy (*I'm Alright*, *Cool Nuh*, *My Pillow*) and

highlights Maxi Priest smooth and melodious vocal delivery is reminiscence of the days of fun reggae music. The title track "*All Comes Back to Love*" highlight his voice and cool relaxing Reggae music that we have come to love about Maxi. That was Maxi Priest third Grammy nomination on the heels

for *Fe Real* (1994) and *Man with the Fun* (1997). However, Maxi Priest is not resting on his laurels as his latest studio album *United State of Mind* was released in 2020.

2020 Grammy Winner Toots & the Maytals

The album "*Got to be Tough*" by Toots and the Maytals won the 2021 Reggae Grammy award held on March 21, 2021. However, it was a bitter-sweet victory for the ground-breaking group that saw the passing of their front man and lead singer Frederick Nathaniel "**Toots**" Hibbert on September 11, 2020. The band which started back in

the 1960's, was instrumental in heralding the era of Rock steady and Ska. In 1968, Toots was one of the first artists to use the word "reggae" in a song called *Do the Reggay*.

With numerous collaborations with artists across different musical genre and performances across the world, the group has

earned the admiration and respect of both artists and fans. This was the second Grammy win for the group who won the award in 2005 with the album "*True Love*."

The other nominees included Buju Banton (*Upside Down 2020*); Skip Marley (*Higher Place*); Maxi Priest (*It All Comes back to Love*) and The Wailers (*One World*).

The hottest Reggae artist on the planet is

The hottest Reggae dancehall DJ on the planet is Emwah Warmington, aka **Skillibeng**. The 24-year-old Skillibeng who hails from Lyson, St. Thomas, Jamaica has been tearing up the Reggae dancehall charts with his pulsating, brash and hardcore lyrics.

On December 10, 2020 Skillibeng signed a deal with Sony/ATV Music Publishing UK,

With hits such as *Crocodile Teeth*, *Coke* and "*Hot*", Skillibeng unapologetic lyrics and brash delivery is embraced by his fans. Also, his colorful and explicit videos that capture crime, guns, violence and the struggles of his community only add to his appeal as an artist.

Skillibeng stock is rising as evidence by his numerous collaborations with diverse list of artists.

Skillibeng collaboration with Honey Millan for "*Chappa Gyal*", highlights the scamming game that is plaguing his community.

Skillibeng has also collaborated with rap sensation Nicki Minaj (*Crocodile Teeth*), Trackone (*Patience*), Prince Swanny (*Bad Everyday*), Vybz Kartel (*Fatal Engineering*) and Lila Ike (*Thy Will*).

Remembering Bunny Wailer

The Reggae fraternity is still mourning the loss of Neville O'Riley Livingston, aka **Bunny Wailer** who passed away March 2, 2021 at the age of 73, from complications from a stroke he suffered in 2020.

Bunny Wailer was a singer-songwriter and percussionist and was one of the original members the group *The Wailers* with Bob Marley and Peter Tosh. Bunny Wailer was born in Kingston. The Wailer was formed in 1963

and Bunny Wailer recorded and performed lead vocal on his early composition including "Who Feels it Knows it" and "Sunday Morning." The group gained international acclaim and success. In 1973, Bunny left the group to pursue his solo career. Bunny Wailer earned three Grammy Awards for Best Reggae album. For his hard work, Bunny Wailer was awarded Order of Merit (OM) from the Jamaican government. Bunny Wailer will be laid to rest at the Dreamland Farm in St. Thomas on June 16, 2021.

Remembering DJ Trinity

Trinity, one of the deejays who dominated the 1970's dancehall scene in Jamaica, died on April 8, 2021 at age 67. No cause of death has been given but he suffered for years from diabetes.

Music producer Rodquel "Blackbeard" Sinclair, Trinity's friend for over 50 years, confirmed his death.

Born Wade Brammer in Kingston, **Trinity** took his moniker from the popular spaghetti western movie,

They Call me Trinity, which starred Terrence Hill. His biggest success came for producer Joe Gibbs with "Three Piece Suit", "Starsky And Hutch" and "John Saw Them Coming."

Along with his mentor Dillinger and Ranking Trevor, Trinity kept deejays on reggae charts throughout the 1970's when roots singers like Dennis Brown, Jacob Miller, Gregory Isaacs and Johnny Clarke dominated.

Source: Howard Campbell, South Florida Caribbean News

"Bunny Wailer will be buried at the Dreamland Farm on the border of St Thomas and Portland in Jamaica on June 16, 2021"



June Birthdays

Musicians

June 2, 1976 Prodigal Son
June 3, 1940 Joe Higgs (d)
June 3, 1942 Curtis Mayfield
June 4, 1996 Skip Marley
June 4, 1954 Mikey Dread (d)
June 6, 1963 Junior Reid
June 7, 1952 Lorna Bennett
June 11, 1947 Eric Donaldson
June 12, 1972 Bounty Killer
June 14, 1981 Protoje
June 14, 1962 Hugh Mundell (d)

June 21, 1954 Augustus Pablo (d)
June 24, 1958 Levi Roots
June 25, 1963 Super Cat
June 27, 1956 Freddie McGregor
June 29, 1952 Don Carlos

d – deceased

Sports

June 7, 1977 Donovan Ricketts
June 14, 1961 Grace Jackson
June 14, 1972 Danny McFarlane
June 17, 1990 Hansle Parchment
June 28, 1992 Elaine Thompson



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Broadcast Schedule

Big Sound Saturday Show – DJ San
(Saturday 5.00pm to 8.00pm)
Replay: M-F 1.00pm to 4.00pm

Sunday Classics – DJ San
(Sunday 5.00 to 8.0pm)
Replay: M-F 1.00pm to 4.00pm

The Global Square Show – Mr. Black
(Sunday 2.00pm to 5.00pm)
Replay: M-F: 10.00am to 1.00pm

Praise & Worship – The Professor
(Sunday 11.00am to 12.00 noon).
Replay: M-F 5.00am to 8.00am

Sunday Conversation- The Professor
(Sunday 12.00 noon to 2.00pm)
Replay: M-F 8.00am to 10.00am

Contributors

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The Professor
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Mr. Black

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